

Here Comes The Weekend!

Click [here](#) for important registration details and further information on transportation, including car pooling options.

To sign up for any of our weekend trips, please use the [Registration and Purchase Form](#).

Weekend Trips 2005: Expect the Best

Something for everyone: that's the theme, the *je ne sais quois* of this year's 5BBC Weekend Trips Program. And it's a Program to be proud of. Is there any other comparable Bike Club in the country that runs as many fun and affordable excursions, to as varied a set of destinations as our maps and drivers can find, with as many choices of motels, inns, cabins, or hostels, choices of white, wheat, rye, or pumpernickel, and choices of easy to moderate to hammering ability?

Whether it's via van, public transport, bus, pedal power, or car pooling, 5BBC Weekend Trips are targeted toward YOU: our "trippers", the ones who pay the bills and have told us what you want and what you expect. So, expect the best in 2005! And here's a bit of wallet busting motivation: **Our Guaranteed Early Sign Up Discount Program: Discounts off trip prices if you pay in full by certain dates** (see below). The more trips you sign up for early, the more you save! Plus, there's gonna be three -- count em' -- three Susan Rodetis "specials" including a fabulous trip to Lake Tahoe that's still in the works. It ain't gonna rain on any weekend trip, so there's no point in waiting, and a conjunction is a word you should never end a sentence with.

See individual trip descriptions for prices, price discounts, and number of spaces available per trip. Additional details and trips will be posted in the near future! For up-to-date trip information please also call our Weekend Trips information line, at (212) 932-2300 x138.

Ted Kushner
Weekend Trips Coordinator
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Shore to Please!

CAPE MAY DE-LIGHTS

May 19-May 22 (depart Thursday evening, return Sunday evening)

Trip No. CMD

Space Available: 10 people

Deposit: \$150 Full Price: \$390

Early discount deadline: April 1; Discount Price: \$350
Transportation: People via public bus lines; bikes by van
Lodging: Motels, double or triple occupancy
Trip Rating: A/B
Mileage: Moderate, 40 per day, mostly flat
Leaders: Susan Rodetis & Sharon Behnke

Crossing waterways may seem a bit daunting, especially since bikes can't swim. Instead, our weekend season kicks off with visits to South Jersey wildlife refuges and forests, a rail trail, ocean resort towns Avalon/Wildwood, and the gorgeous Victorian gem of Cape May. Then we ferry cross the Mercy - - oops, the Delaware River - - via a scheduled ferry to Lewes, Delaware for scenic country cycling. We'll cycle "inn to inn style", lodging at motels, with the van transporting luggage. Front and rear lights for night time riding will be required! Details of this trip are still in the works! Check back for further information. Limited Group Size!

Spend Memorial Day Weekend in Amish Country!

PENN DUTCH TREAT

May 27-May 30 (depart Friday morning, return Monday evening)

Trip No. PDT

Space Available: 12 people

Deposit: \$150 Full Price: \$350

Early discount deadline: April 1; Discount price: \$315

Transportation: Van or Possible Car Pooling Option

Lodging: Farmhouse; shared rooms, double or triple accommodations

Trip Rating: B

Mileage: Moderate, 40 per day on rolling hills

Leaders: Eileen Kapp & Steve Sakson

Join us for an enchanting Memorial Day weekend in the serene Pennsylvania Dutch countryside of Paradise. The clip-clop of horse-drawn carriages and the neighborly smiles of friendly Amish farmers accompany us as we ride past lush pastures and through historic covered bridges. We will stay at the guesthouses at Verdant View (<http://www.verdantview.com>) and, if you are an early riser, you can even help milk the cows! Visits to farmer's markets, crafts fairs, or the local vineyard for a late afternoon of wine and cheese are all part of this biking treat. Other highlights may include dinner and entertainment at an Amish family home, plus a guided tour by bike of the area! This is a rare opportunity to learn first-hand about these charming people whose simple ways have survived through hundreds of years despite the changing society around them.

Trek to Tiorati!

BEAR MOUNTAIN-HARRIMAN STATE PARK

May 28-May 30 (depart Saturday morning; return Monday evening)

Trip No. BM

Space Available: 6-8 people

Deposit: \$100 Full Price: \$135

Early discount deadline: April 1; Discount price: \$120

Transportation: Self-contained

Lodging: Cabins/Dorm rooms

Trip Rating: A

Mileage: Hard, 50 each way with some very steep hills

Leaders: Ira Najowitz and Manny Sanudo

Our "host" for this self-contained trip (meaning you must carry all your gear in panniers on your bike) is the idyllic Camp Thendara Lodge (<http://www.thendaramountainclub.org>) on Lake Tiorati in Bear Mountain/Harriman State Parks. We will cycle 50 hilly miles from midtown Manhattan on Saturday and return on Monday along well-scouted routes with many lovely and quiet roads. Sunday is an off day where you can swim, hike, take a boat out, relax, or even do some more biking in the park. Trip includes two each of "home cooked" breakfasts, trail lunches, and dinners. Guests at Camp Thendara prepare their meals and perform light clean-up chores. It's a great way to start off the Summer biking season!

Cycle S'll Vous Plait!

MONTREAL QUICK SPIN

May 28-May 30 (depart Saturday morning; return Monday evening)

Trip No. MQS

Space Available: 15 people

Deposit: \$150 Full Price: \$370

Early discount deadline: April 1; Discount price: \$335

Transportation: Bus

Lodging: Motel, double accommodations

Trip Rating: A

Mileage: Various but for Quick Spin/"A" riders only!

Leader: Wentworth Price

It may be a long bus ride, but the end result is "Wentworth-while:" the "Bike Fest 2005" Metropolitan Challenge, one of Canada's best-run mass cycling events, sponsored by the same folks who run the more famous Tour de L'ile (<http://www.velo.qc.ca/feria/bikefest2004.php>). But instead of 45,000 tourists, the "Met" is geared for the self-sufficient "A" rider. A couple of short quick spins will round out the weekend, with comfortable lodgings and Saturday night dinner. Specific trip details including bike loading specs and cross border requirements will be sent to trippers a week or two prior. May be co-listed with NYCC and Major Taylor. Space is limited so sign up early!

Vineyards of the North Fork!

BIKE-BOAT-WINE-DINE

June 4-June 5 (depart Saturday morning; return Sunday evening)

Trip No. BBWD

Space Available: 20 people

Deposit: \$150 Full Price: \$200

Early discount deadline: May 1; Discount Price: \$180

Transportation: People by LIRR with Bikes by Truck; Car Pooling option

Lodging: Motel; double accommodations

Trip Rating: A/B/C

Mileage: Various, mostly flat but hillier on Shelter Island

Leaders: Ted Kushner and Sharon Behnke

This weekend takes advantage of Long Island's beautiful "North Fork": mostly flat biking, vineyards, coastlines, and Shelter Island. Saturday we'll ride the rails to Mattituck to meet our bikes, then tour and sample the vintages of some of the excellent wineries dotting the landscape. Dinner is planned at a wonderful local town restaurant within walking distance of our lodging at the Mattituck Motel. On Sunday we just know there ain't gonna be no rain for our friends at the Suffolk Bike Riders Association and their annual Bike-Boat-Bike Century (<http://www.sbraweb.org>), offering varying distances between 25-125 miles, sag support, rest stops and ferry boosts across the bays for the longer routes.

History in the Making!

CONQUERING CONCORD

July 1-July 4 (depart Friday morning, return Monday evening)

Trip No. CC

Space Available: 12 people

Deposit: \$150 Full Price: \$300

Early discount deadline: June 1; Discount price: \$270

Transportation: Van or Possible Car Pooling Option

Lodging: Hostel with semi-private rooms, double or triple accommodations

Trip Rating: B

Mileage: Moderate, 35-40 per day on rolling hills

Leaders: Ted Kushner and Brian Hoberman

An old firecracker friend of a trip returns with new vigor! Travel to New England for the July 4th weekend and bike into early American history (and *her*story). We'll stay at the Friendly Crossways hostel near Littleton MA (<http://www.friendlycrossways.com>), one of the most charming facilities in the country. The historic towns of Concord, Lexington, and Walden Pond are all in the neighborhood, along with the Fruitlands Museum (home to Emerson, Hawthorne and Alcott), a Shaker village, the Veri-Fine juice factory, and an ice

cream shoppe that's become the "in" place for hot and thirsty travelers. And if the weather sours, Boston is only 40 minutes away! Don't miss this wonderful weekend retreat!

Dazzling Dutchess!

HOLMES FOR THE HOLIDAY

July 2-4 (depart Saturday morning; return Monday evening)

Trip No. HFH

Space Available: 15 people

Deposit: \$150 Full Price: \$185

Early discount deadline: June 1; Discount price: \$165

Transportation: Metro-North and Self-contained; Car Pooling Option

Lodging: Cabin with Dorm rooms

Trip Rating: B

Mileage: TBA

Leaders: TBA

Returning to our calendar after too many years absence is this lovely, low cost trip to the Holmes Camp & Conference Center near Pawling NY (<http://www.presbyteriancenter.org>). We'll travel by Metro-North to Brewster, then bike a few miles to the Center to drop off our belongings. From there, further exploring of this scenic area. Swimming, boating, and hiking is also available, with possible side trips to the Nutmeg State. The rides cover moderate to hilly terrain. Remember, you must be able to carry your belongings in panniers! Cost includes round-trip train fare; bike permit is required.

Jersey Jaunting!

PEDAL & PADDLE

July 29-31 (depart Friday evening; return Sunday evening)

Trip No. P&P

Space Available: 15-18 people

Deposit: \$150 Full Price: \$185

Early discount deadline: June 1; Discount price: \$165

Transportation: Car pooling

Lodging: Cabin with Dorm rooms

Trip Rating: B

Mileage: Moderate, 40-45 with some steep hills; canoe/kayaking is mostly gentle

Leaders: TBA

In the middle of summer, what could be more refreshing than cycling in the Delaware Water Gap National Park area one day, amidst stunning back roads (including the fully repaved Old Mine Road), trees, river views, a few hills, followed the next day by a kayak or canoe trip in the Delaware itself? Another

long time favorite trip of the Club, with cabins and lodging courtesy of our friends at the Mohican Outdoor Center, an AMC affiliated club (<http://www.mohicanoutdoorcenter.com>). And to top it off, dinner Saturday night is at the fabulous Walpack Inn, whose backyard is where the deer and the antelope literally play. Well, maybe not an antelope, but possibly bears. Oh My!

Lancaster's Crown Jewels!

COVERED BRIDGES RIDE

August 20-21 (depart Saturday morning, return Sunday night)

Trip No. CB

Space Available: 12 people

Deposit: \$150 Full Price: \$200

Early discount deadline: July 1; Discount price: \$180

Transportation: Van or Possible Car Pooling Option

Lodging: Motel; double accommodations

Trip Rating: A/B/C

Mileage: Various, on rolling hills

Leaders: Sharon Behnke

Discover some of Pennsylvania's most famous rural scenery as we participate in the 27th annual Covered Bridge Metric Century. Produced by the Lancaster Bicycle Club (<http://www.lancasterbikeclub.org>), you can bike 62-, 31- and 15-mile routes. Final trip price will include event fee, t-shirt, and traditional smorgasbord dinner on Saturday night!

Green Mountain Gorgeous!

VERMONT CENTURY + SCENIC TOURING

August 25-28 (Depart Thursday afternoon, return Sunday evening)

Trip No. VCST

Deposit: \$150 Price: TBA

Early discount deadline: July 1

Transportation: Van

Lodging: Private Ski Lodge

Trip Rating: A/B

Mileage: Various; Century or half on Saturday; long/short options on other days.

Leaders: Susan Rodetis and TBA

Vermont, here we come again, including Saturday's [The Mad River Century](#). Delight in this wonderfully supported century (some shorter options) through the lush green of VT river valleys (and no mountain passes) via a gorgeous route alongside rivers, springs, Montpelier state capital, forever wild Granville Gorge, state forests, farms (more cows than residents in VT), covered bridges, and multiple scenic byways. And the whole century is done w/o a cue sheet; there are

simply 5 right turns. In total, our trip enjoys 3 full days of bike touring/touristing/play in the lovely Lake Champlain locale with beautiful vistas, mountains, local rivers, and local gliding/soaring airport. Depart Thurs. afternoon 3PM (yes, wheels up at 3PM) to allow a full Friday cycling in VT. Accommodations in a private ski club, linens/towels furnished, mostly semi-private rooms w/semi-private bath. Van & lodge size may limit group, as does century event (closed out the past few years), so sign on early. Cost includes event fee, t-shirt, accommodations, 3 cooked breakfasts, 4 dinners (in-van northbound meal to reduce travel time + pre-event dinner Friday night + post-event barbecue + dinner at Albany Pump Station, a brew pub along the Hudson River, on the drive back) Stay tuned for details!

Life's a Beach!

CAPE ESCAPE

September 2-5 (depart Friday morning, return Monday night)

Trip No. CAPE

Space Available: 12 people

Deposit: \$150 Full Price: \$300

Early discount deadline: August 1; Discount price: \$270

Transportation: Van

Lodging: Hostel, dorm rooms

Trip Rating: B/C

Mileage: Easy to Moderate, 30-40 per day, flat with some rolling hills

Leaders: Clyde Eisman and Sharon Behnke

Maybe you've been to Cape Cod before, but seeing it by bike can't be beat. The Cape is criss-crossed by gentle, immaculate rail trails, with occasional rolling hills, and our lodging is located right near a brand new section. Out of Provincetown, the dune trails are breathtaking. Whale watching, lighthouse climbing or maritime museum hopping are good bets, or enjoy sunbathing at the national seashore beaches. Special package this year includes all you can eat pancake breakfasts, a four-hour kayaking trip, and a home cooked lobster dinner! It'll be a perfect es "cape" for first-timers and old-timers alike.

Tempting Tahoe

LAKE TAHOE & SIERRA FOOTHILLS

September 2-11 (Friday night probable but maybe Saturday AM departure; return Sunday)

Trip No. TSF

Price: TBA; deposit of \$500 for this trip may be required

Early discount: None (due to trip complexity, no discount for this trip is available)

Transportation: mixed (including bike transport via horse trailer – for real!)

Lodging: Victorian mansion, hostel, motel/hotel

Trip Rating: A/B+
Mileage: 30-75/day
Leader: Susan Rodetis

This trip will encompass a splendid variety of breathtaking vistas, terrain and experiences. And for sure, sights galore and probably some surprises, as well. This is truly for adventuresome and healthy souls. Susan's lived in Tahoe plus taught skiing there several times this winter; during her trips this year, she's been setting up a top notch cycling trip (even bringing in family to help with the bike transport). Our work-in-process: the Sierra foothills and historic Gold Rush country; Sacramento Old Town and the American River Trail; awesome crystal Lake Tahoe and Emerald Bay; historic Truckee; South Shore Tahoe (yes, many casinos and yummy all-you-can-eat buffets); certainly soaking in at least 1 of the many hot springs; maybe Carson Valley/Virginia City. Lodging will be varied; as we go to press, we're working on getting into a Victorian mansion in Sacramento, and some motels/hotels. Bike point-to-point and/or public transport for cyclists; bikes in attendant truck/horse van as needed. There will be only 1 leader to keep costs down, most days will have cue sheets, and we expect to ride mostly as a group. This is for folks in good shape who are willing to prepare properly. And yes, there will be hills, but we're working on keeping the routes reasonable. After all, the 5BBC is a sea-level dwelling club. Trip price will include lodging, non-travel day breakfasts/dinners, ground transport. Air/bike transport arranged/paid by individual trippers (economy ways to fly and routing will be suggested). Bikes MUST be shipped out West a minimum of 2 weeks in advance to a shop or destination point we will arrange. Trippers can also add their own days on either end of this trip.

Bucks County Beauty!

PEDAL TO PENNSYLVANIA (UNDER YOUR OWN STEAM!)

September 3-5 (Depart Saturday morning; return Monday evening)

Trip No. PENN

Space Available: 6-8 people

Deposit: \$100 Full Price: \$170

Early discount deadline: August 1; Discount price: \$150

Transportation: Self-contained

Lodging: Hostel, dorm rooms

Trip rating: A

Mileage: Hard, 75-80 each way

Leaders: Ira Najowitz and Jesse Brown

You, your trusty bike, and the open road. Self-contained bicycle touring is the way to go! We'll depart early Saturday morning on the PATH train to Newark, and then we'll bike through the beautiful countryside of western New Jersey, cross the Delaware River at Washington's Crossing into Bucks County, Pennsylvania, and then on to the Tyler State Park Hostel in Newtown. The terrain varies from

rolling to steep. A rear rack and panniers to carry your gear and everything you will need for the weekend is MANDATORY. There is NO VAN SUPPORT! To really enjoy the trip, it's essential that you feel comfortable biking 75-80 miles a day with a loaded bike, which is the distance we'll be covering on both Saturday and Monday, when we'll return to Newark via a different route. Sunday will be for hanging out or doing a scenic ride in the area.

Pie-d Piping !

PUMPKIN PATCH

Dates: TBA (will depart Saturday morning, return Sunday evening)

Trip No. PUMP

Price: TBA

Early discount deadline: August 1

Transportation: Car Pooling

Lodging: Motel, double accommodations

Trip Rating: A/B/C

Mileage: Various, flat to some rolling hills

Leaders: Alfredo Garcia and Mark Trainor

Come join us for this fantastic "pumpkin-friendly and mostly pancake-flat" annual tour with ride choices between 25-100 miles. Organized by our friends at the Staten Island Bicycling Association (<http://www.sibike.org>), each of the routes winds through the scenic, rolling farmlands of central New Jersey during the peak of the harvest season. Along the way, you'll be able to rest and munch at the fabulous rest stops, featuring entertainment and well stocked with fresh fruit and baked goodies, including pumpkin and apple pie! The tour takes you through farmland you may never have known still existed in New Jersey. We'll also do some cycling on Saturday, enjoy a great Italian dinner out that evening, and then spend the night at a nearby comfortable hotel. Also included in price is a nice long-sleeve Pumpkin Patch shirt. Don't miss this great nearby retreat!

Join 'the Flock' in Maryland!

SEA GULL CENTURY

Columbus Day Weekend: October 7-9 (depart Friday morning, return Sunday evening)

Trip No. SGC

Space Available: 12 people

Deposit: \$150 Full Price: \$380

Early discount deadline: September 1; Discount price: \$345

Transportation: Van

Lodging: Motel, double accommodations

Trip Rating: A/B/C

Mileage: Various, mostly flat
Leaders: Steve Sakson

Who wants to sign up to our annual "SRO" trip to this annual sell-out in Salisbury, Maryland, featuring a flat century, beautiful scenery, pie a la mode, an all-you-can-eat crab fest, plus transport, lodging, event registration and buffet meals? Raise your hands fast because [Sea Gull](#) is rated one of the top century events by League of American Bicyclists. Plus, if you're thinking about driving down on your own, forget it: every motel within a 50-mile radius is booked solid. With cue sheets, marshals, SAG, first aid, and rest stop locations at the Pocomoke River, Assateague Island, and Adkins Mill Pond Park, plus an indoor pool and outdoor "beach" bar, this gala is surely a classic. Departs early Friday for added cycling.